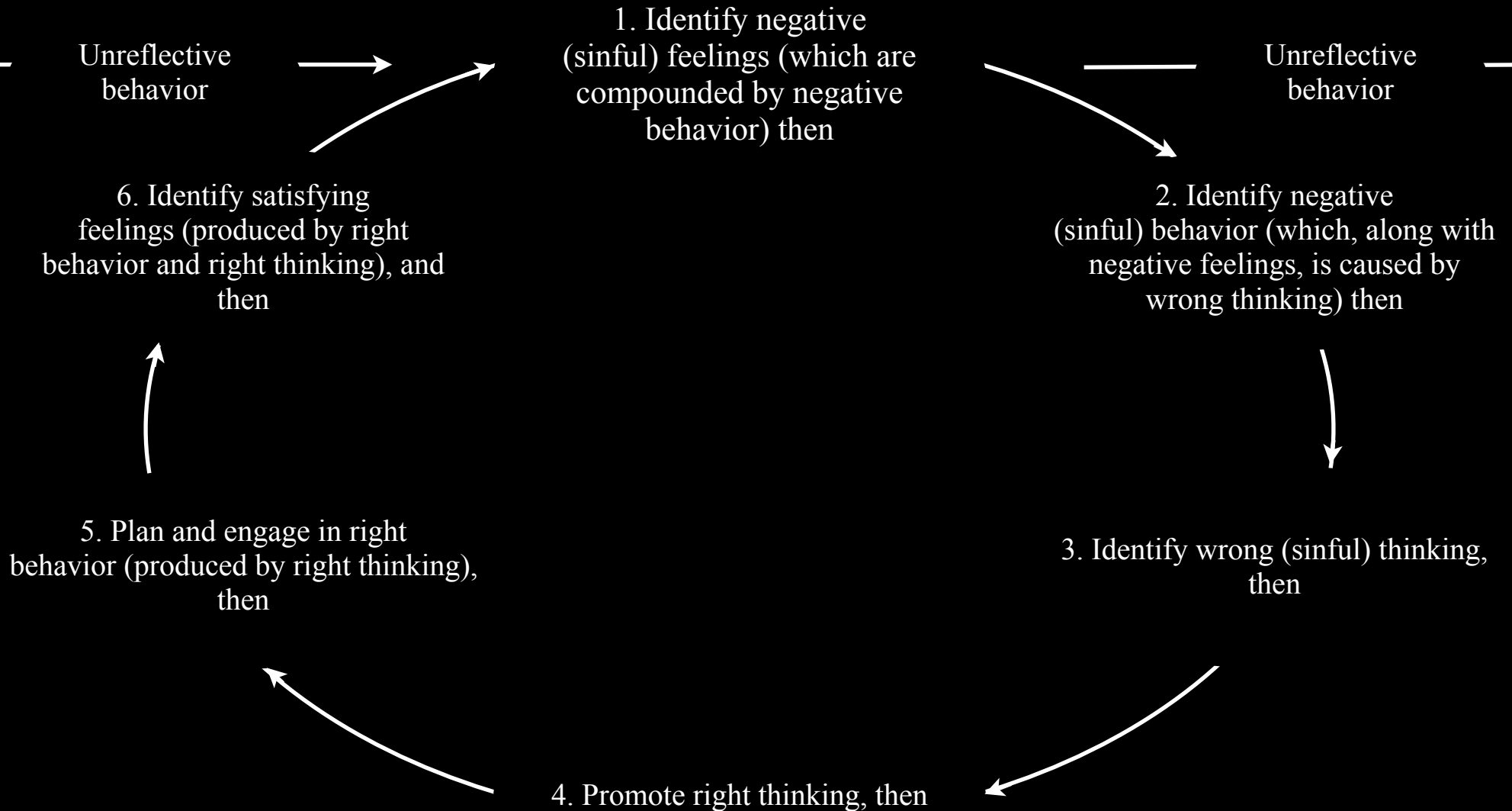


Basic Principles of Biblical Counseling

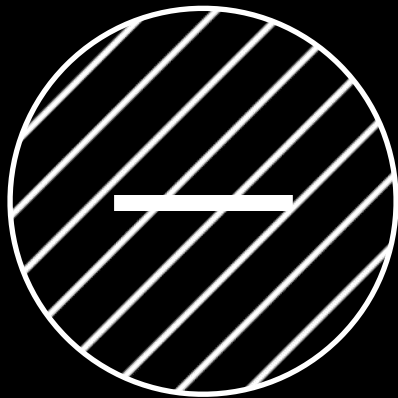
Meeting Counseling Needs Through the Local Church
by Dr. Larry Crab

An Aerial View

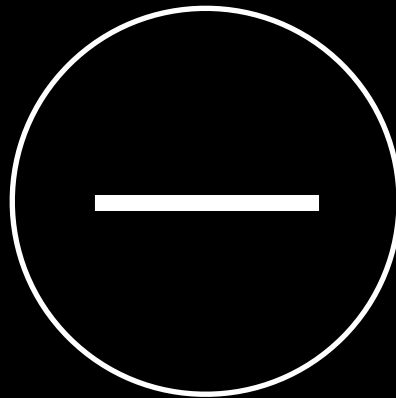


PROBLEM	SOLUTION	RESULT
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Freud



Unconscious
Selfishness;
Harsh Conscience



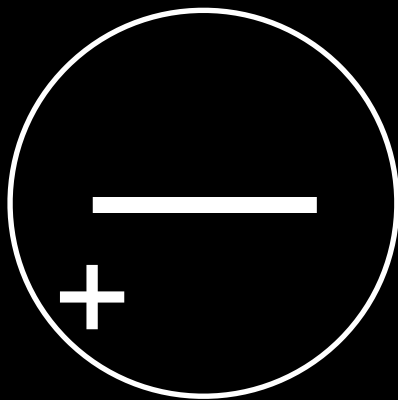
Soften Conscience
Uncover Id

1. At best: Socially acceptable hedonism
2. At worst: sociopathy

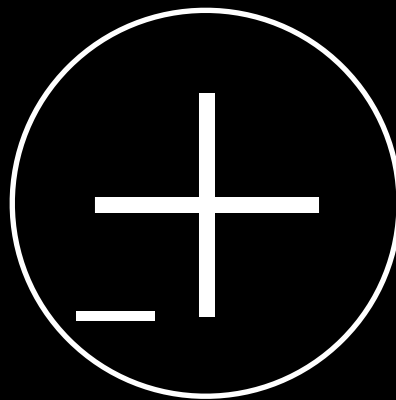
Floating Anchors

PROBLEM	SOLUTION	RESULT
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Ego Psychology



Weak Ego
Dominant Id



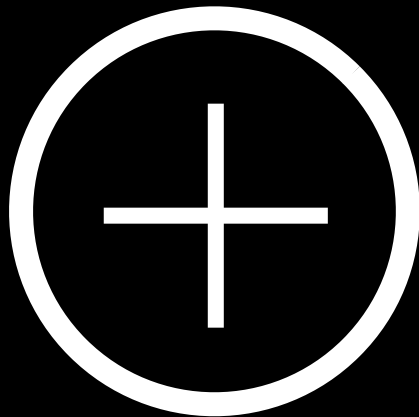
Strong Ego
Controlled Id

1. At best: Pride
2. At worst: Frustration

Floating Anchors

PROBLEM	SOLUTION	RESULT
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Rogers



Inhibited Goodness



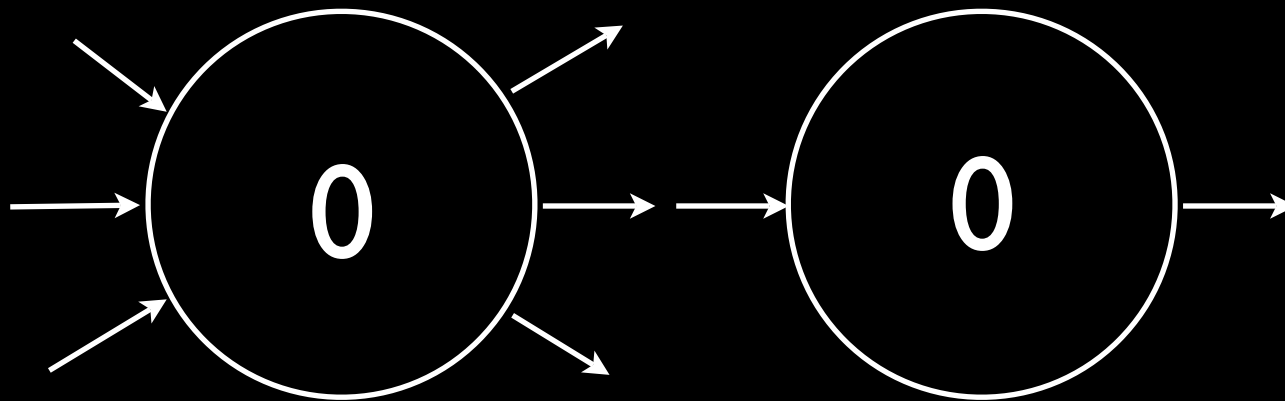
Liberated Goodness

1. At best: Temporarily workable relativism
2. At worst: Unrestrained hedonism and lawlessness

Floating Anchors

PROBLEM	SOLUTION	RESULT
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Skinner - Behaviorism



Random Control

Systematic Control

1. At best: Mechanical adjustment
2. At worst: Technocratic tyranny; the end of man as man

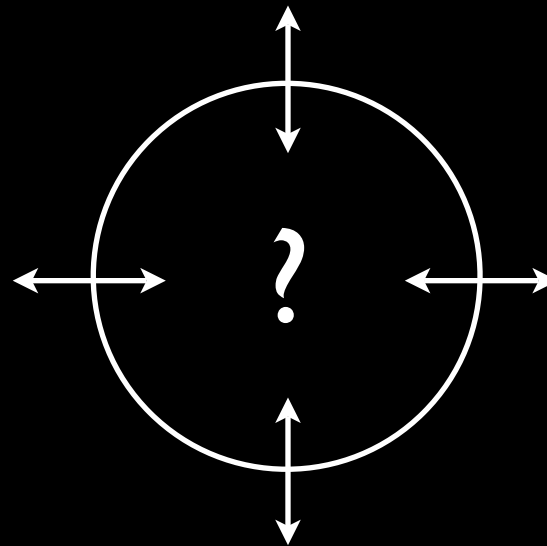
Floating Anchors

PROBLEM	SOLUTION	RESULT
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Existentialism



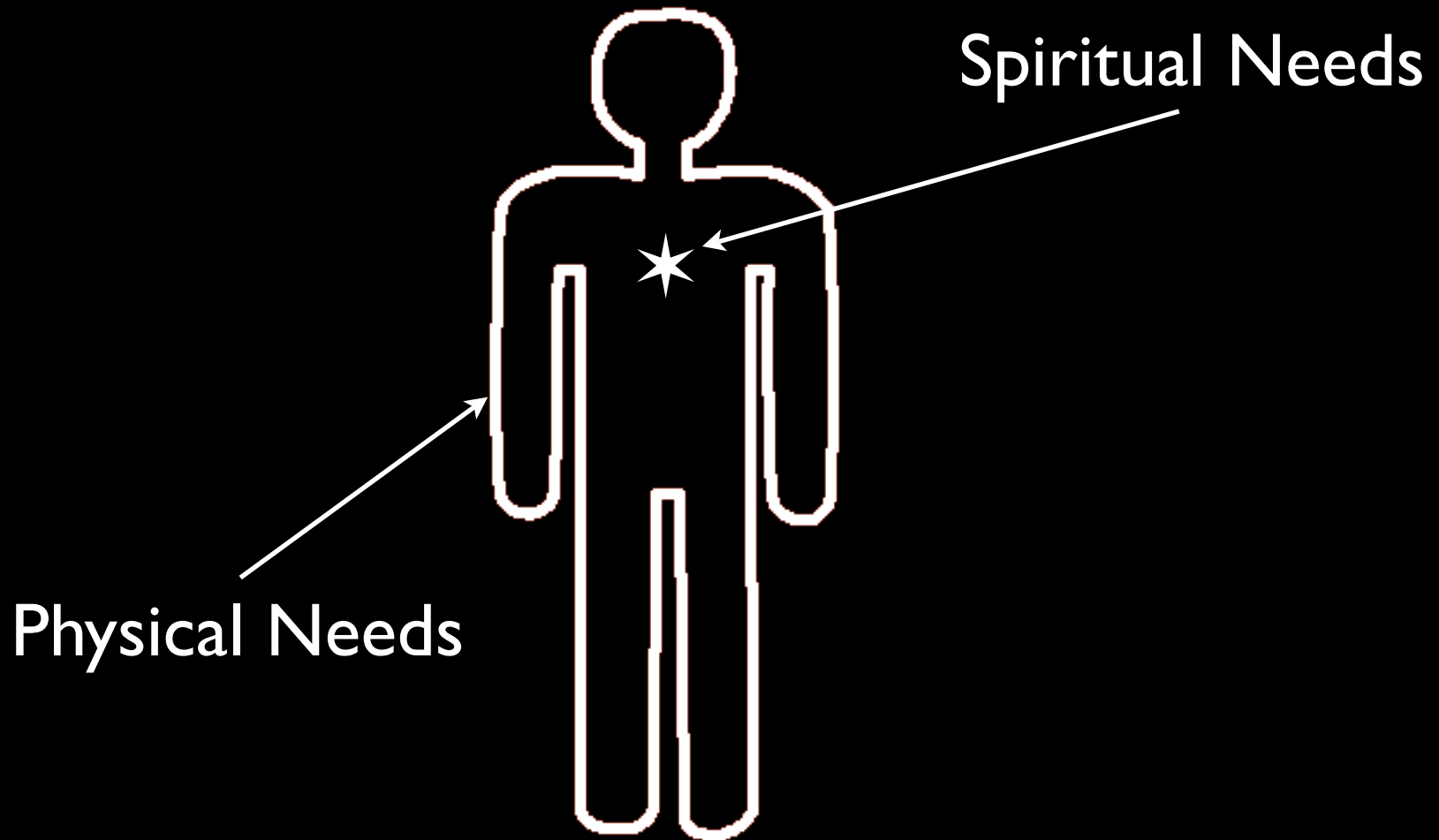
Rational gloom and
hopelessness



Non-rational hope

1. At best: Self-sustained meaning
2. At worst: despair

Understanding Our Deepest Needs



Basic Needs

*“The basic personal need of each personal being is to regard himself as a **worthwhile** human being.”*

Larry Crabb

Worthwhile

Significance & Adequacy

Security

Significance & Adequacy

Significance - a purpose for living which will make a real and lasting impact on my world

Adequacy - a purpose which I am completely capable of accomplishing

I Peter 2:4-10

As you come to him, the living Stone—rejected by men but chosen by God and precious to him—you also, like living stones, are being built into a spiritual house to be a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ. For in Scripture it says:

"See, I lay a stone in Zion,
a chosen and precious cornerstone,
and the one who trusts in him
will never be put to shame." Now to you who believe, this stone is precious.

But to those who do not believe,

"The stone the builders rejected
has become the capstone," and,

"A stone that causes men to stumble
and a rock that makes them fall." They stumble because they disobey the message—which is also what they were destined for.

But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of him who called you out of darkness into his wonderful light. Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy.

Security

Security - the security of being loved.

Romans 8:38

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.